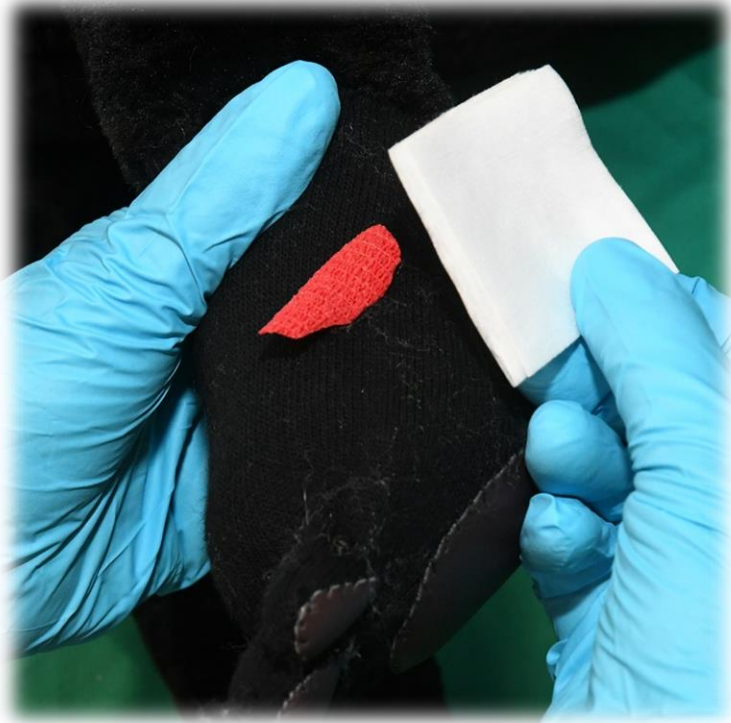


Applying a Sterile Dressing



Disclaimer

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- Each booklet illustrates one way to perform a skill and it is acknowledged that there are often other approaches. Before using the booklets students should check with their university or college whether the approach illustrated is acceptable in their context or whether an alternative method should be used.
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Year Group: BVSc3 +



Equipment for this station:

- An assistant
- A dog model (with 'wound')
- Gloves
- A dressing e.g. Allevyn
- Cotton wool
- Padding bandage e.g. Orthoband, Soffban
- Conforming bandage e.g. Knit-Fix, Easifix
- Cohesive bandage e.g. Vet Wrap, Co-Flex
- Dressing scissors

Considerations for this station:

- Bandaging material is expensive. Please re-roll and re-use materials.

Anyone working in the Clinical Skills Lab must read the 'CSL_I01 Induction' and agree to abide by the 'CSL_I00 House Rules' & 'CSL_I02 Lab Area Rules'

Please inform a member of staff if equipment is damaged or about to run out.



Clinical Skills: Applying a Sterile Dressing



1
It is important to wear gloves when treating wounds.

Check that the dressing is in date and that the packet is intact i.e. it's still sterile.



2
Open the dressing and pick it up at the edge of one corner.



3
Place the dressing over the wound.

For some dressings e.g. melolin, a specific side of the dressing must face the wound, so ensure that the correct surface of the dressing is in contact with the wound.



4
Do not move the dressing once it has been placed as this can contaminate the wound.



5
Place a finger on the back of the dressing to hold it in position.



6
Next: Continue as for a normal foot bandage (see booklet 'CSL_01 Foot Bandage').

In some cases it may be easier to place the cotton wool between the toes before placing the dressing.



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Resetting the station: Applying a Sterile Dressing

1. Remove all bandages from the models by unwrapping them; do not cut the bandage off.
2. Re-roll all the bandaging material. It can and will be re-used. Put dressings back in the packet.
3. Place all the materials, scissors etc in the tray or box on the table.

Station ready for the next person:



Please inform a member of staff if equipment is damaged or about to run out.



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I wish I'd known: Applying a Sterile Dressing

- Some dressings have a correct side to face the wound e.g. melolin has a non-adherent side which should face the wound
- See the 'Oops' dog station ('CSL_B05 Bandaging Oops') in particular paying attention to what can happen if a bandage is too loose or too tight...